# **Escaping the Rut**

(Luke 1:5-23, 57-80)

1. Obey what you know

2. Spend time alone with God

3. Align your will with God's will

## For Further Thought and Discussion

### **Getting Started**

- 1. What was helpful to you in this week's sermon? What didn't you understand?
- 2. Is there anything in your life that feels like a rut you'd like to get out of?

### **Going Deeper**

- 3. Please read Luke 1:5-7. What do you notice about Zacharias and Elizabeth? What do you know about the time in which they lived? Why might they feel like they were in a rut? When we feel like we're in a rut and want God to lead us into something new, why is it important to first make sure we're doing what we already know we're supposed to be doing? What dangers will we avoid?
- 4. Please read Luke 1:8-23. Why would this have been a big day in Zacharias' life? Why do you suppose God speaks to him through Gabriel at this particular time? Why is spending time alone with God necessary for us to find out what God has for us? What competes with God for time alone with Him in your life?
- 5. Please read Luke 1:57-80. Why was John's birth a big day for Zacharias and Elizabeth? Why was it a big day for Israel? What does Zacharias seem most excited about? Why is aligning our interests with God's interests necessary to see what God has for us? Where do you need to do some realignment?

#### **Application**

What is one thing you can do this week to apply this passage?